

Please make this Newsletter available for all CUPE Local40 members



OCTOBER 2025

IMPORTANT





http://40.cupe.ca

#105-811 Manning Road, NE

Calgary, Alberta T2E 7L4

Phone: 403-235-0530

Fax: 403-248-6714

Email: cupe40@telus.net

Become a CARD-CARRYING member In GOOD STANDING! **Contact CUPE Local 40**





PENSION

What is the process to buy a leave?

If you want to look at buying a leave, the best place to start is with your employer's Human Resources or Payroll & Benefits area. If your employer tells us that you have a leave of absence that can be purchased, you will be sent a package called a Buyback Proposal early in the year. This Buyback Proposal will tell you what you need to know to purchase the gap in your service.

You need to let us know you want to purchase your leave of absence:

- Within 90 days of being sent your Buyback Proposal; or
- By December 31st of the calendar year after your leave ended, whichever comes first.

The due date shown on your *Buyback Proposal* will be set based on these timelines. Payment(s) must be made according to the schedule shown on your *Buyback Proposal*, but you can also pay for the entire buyback in one payment. You can even transfer funds from an RRSP to pay for your buyback.

If you miss these timelines, you may still be able to purchase the leave but it could cost much more. If it costs more, it could be because you are paying for the full cost of that additional service, rather than just your own contributions.

Member Services Centre

LAPP c/o Alberta Pensions Services Corporation 5103 Windermere Blvd. SW Edmonton, AB T6W 0S9

Phone: 1-877-649-LAPP (5277)

Email for general inquiries: memberservices@lapp.ca

(lapp.ca)



Buying Service

What is Buying Service? And what does it mean for you?

Well, the more pensionable service you have, the larger your pension will be. You earn service every day you contribute to the Plan, but sometimes you are able to buy more service. This is known as a buyback.

Let's say you take time away from work because you're having a baby, taking a sabbatical or you need to tend to a personal emergency. If you're off work for a period of time and do not make contributions into the Plan, there will be a gap in your pensionable service. The good news is you can buy this service back and increase the amount of your future pension. If you want to know if your service is eligible to buyback, speak with your employer.

To make purchasing your buyback a little easier, we have several payment options available. You can purchase your buyback through pre-authorized debit, payroll deduction; lump sum; RRSP or LIRA transfer.

If you were paid out for service you earned with another Registered Pension Plan (RPP), you may be able to use those funds to buy pensionable service in LAPP (see Buying Prior Service). You can also purchase service from a period when you were held out by your employer from contributing to the Plan, for up to one year. This is called probationary service. Your employer's pay and benefits coordinator will be able to tell you which types of past employment are eligible.

president's Report

Dear Brother, Sisters and Friends

At this moment it looks like the ATA will be going on strike October 6th. This job action will not impact our work, report as usual and please support the teachers in any way you can. If there are picket lines and rallies, you can join them before work, during your lunch break, and after work.

There has been a change in process when it comes to Union Representation, I will no longer be notified of every meeting where a member may need representation, you will need to notify me of upcoming meetings where representation is required. This does align with the collective agreement where it states:

8.02 Any Employee who is to be disciplined must be notified by the Board of their right to Union representation, before such disciplinary action takes place.

Union Representation is your right and I highly recommend you seek representation for all meetings with Management or Human Resources. If you choose not to have representation, HR will provide you with a waiver to complete stating that you are waiving your right to Union Representation.

Lastly, October 20th is the next municipal election and this is your opportunity to elect your boss. The following candidates are who Local 40 is endorsing for Calgary Public School Board Trustee, you can vote for whomever you like, but these are the candidates that value public education and the most Labour friendly:

Ward 1 and 2 - Brith Hart

Ward 3 and 4 - Laura Hack

Ward 5 and 10 - No recommendation

Ward 6 and 7 - Heather Hall

Ward 8 and 9 - Susan Vukadinovic

Ward 11 and 13 - Nancy Close

Ward 12 and 14 - Charlene May

Have a great Thanksgiving and I hope to see you soon.

You are the Union!

In Solidarity,

Clay Gordon CUPE Local 40, President





EQUALITY STATEMENT

Union solidarity is based on the principle that union members are equal and deserve mutual respect at all levels. Any behaviour that creates conflict prevents us from working together to strengthen our union.

As unionists, mutual respect, cooperation and understanding are our goals. We should neither condone nor tolerate behaviour that undermines the dignity or self-esteem of any Individual or creates an Intimidating, hostile or offensive environment.

Discriminatory speech or conduct which is racist, sexist, transphobic or homophobic hurts and thereby divides us. So too, does discrimination on the basis of ability, age, class, religion, language and ethnic origin.

Sometimes discrimination takes the form of harassment. Harassment means using real or perceived power to abuse, devalue or humiliate. Harassment should not be treated as a Joke. The uneasiness and resentment that it creates are not feelings that help us grow as a union.

Discrimination and harassment focus on characteristics that make us different; and they reduce our capacity to work together on shared concerns such as decent wages, safe working conditions, and justice in the workplace, society and in our union.

CUPE's policies and practices must reflect our commitment to equality. Members, staff and elected officers must be mindful that all persons deserve dignity, equality and respect.

National President

Mak He Cardan Gerniel National Secretary-Treasurer

Your three essential Health and Safety Rights

Across Canada, health and safety laws are based on the concept of the internal responsibility system, which says workers and employers should be able to meet and solve their health and safety issues as partners. To that end, health and safety laws in this country enshrine the following three rights to most workers. These rights form the basis for your health and safety at work.

1. THE RIGHT TO PARTICIPATE

All workers have a right to participate in keeping the workplace healthy and safe by taking part in activities like the selection of health and safety representatives or joint health and safety committee members, or by being a committee member themselves. With this right comes a worker's responsibility to report all hazards to their employer, without fear of reprimand, reprisal, or punishment. Through participation in health and safety-related activities, workers help decide what hazards can be tolerated in the workplace and what hazards must be mitigated.

2. THE RIGHT TO KNOW

Workers have a right to know about all hazards present in their workplace, and how those hazards may hurt them. Employers are required to provide the information, training, and supervision a worker needs to avoid being hurt by hazards in the workplace. Training and information about hazards should be provided before a worker is exposed so they know how to protect themselves. Despite what many employers claim, there is no law that supersedes a worker's right to know about hazards in the workplace.

3. THE RIGHT TO REFUSE

Health and safety laws give workers the right to refuse work they believe is unsafe to themselves or their coworkers. Ultimately, the right to refuse is provided so that a worker never needs to choose between their health and safety and having a job. In every province, a worker cannot be punished for refusing to do work that they believe will hurt themselves or others – it's the law. It is not up to the worker to prove whether their belief is justified. An investigation following the refusal will determine if the refusal should continue. Each jurisdiction has slight differences in the investigation process.

For more information on the right to refuse that's specific to your province, visit cupe.ca/health-and safety.

For any questions on your health and safety rights, contact your CUPE servicing representative, or your CUPE health and safety specialist.

MENTAL HEALTH SUPPORTS

MAKE THE RIGHT GALL

RESOURCE HELPLINE

If you need help finding the right resource or service for whatever issue, at the right time.

211

SUIGIDE GRISIS LINE

If you're having thoughts of suicide or are worried about someone you know.

Suicide Crisis Helpline Ligne d'aide en cas de

Addiction and Mental Health Helpline

Available through Health Link



811 Health Link





If you are having trouble coping or need someone to talk to, call Health Link 24/7. Staff will assess your needs and provide advice immediately for

1-866-332-2322

For more information on addiction and mental health visit MyHealth.Alberta.ca



Never Work for FREE! Outside of Work hours you should NOT be at Work!

es		

Clay Gordon	C.U.P.E. Local 40	403-235-0530 - Office
cupe 40 president@gmail.com	1	403-650-0795 - Cell
Vice President		
Ferdinand Flores	Le Roi Daniels	403-926-2122 - Cell
cupevp40@gmail.com	Facility Operator	
Secretary Treasurer		
- VACANT -	- VACANT -	- VACANT -
cupe 40 treasurer@gmail.com	1	
Recording Secretary		
Grace Dizon	Centennial	403-926-4441 - Cell
recordlocal40@gmail.com	Full-time Cleaner	
Chief Shop Steward		
Abbie Mitchell	Richmond	403-970-9447- Cell
cupe40chief@gmail.com	Facility Operator	
Caretaking Rep		
Joy Malones	Nelson Mandela	403-383-3448 - Cell
carelocal40@gmail.com	S.F.O.	
Cleaner 1 Rep		
Wendy Burke	Absence Relief/	587-500-4214 - Cell
cupe40cleanrep@gmail.com	Full-time Cleaner	
Highfield Rep		
Jeff Heeg	Facility Operator/	403-903-6427- Cell

Distribution Serv. / 403-874-0398- Cell Truck Driver

Effective: September 6, 2025

If you have any health and safety concerns please contact:

cupe40highfield@gmail.com Trainer

Sgt-at-Arms Warren Manners

cupe40sgt@gmail.com

CUPE Joint Health & Safety Committee (JHSC)

Heather Murtagh / (403-669-0383) hmmurtagh001@gmail.com Noe Dizon / (403-918-6425) noeadizon@gmail.com

Joint Worksite Health & Safety Committee (JWHSC)

Clay Gordon / (403-650-0795) cupe40president@gmail.com Abbie Mitchell / (403-970-9447) abbiecupe40@gmail.com Wendy Burke / (587-500-4214) cupe40cleanrep@gmail.com

Collective Agreement Review

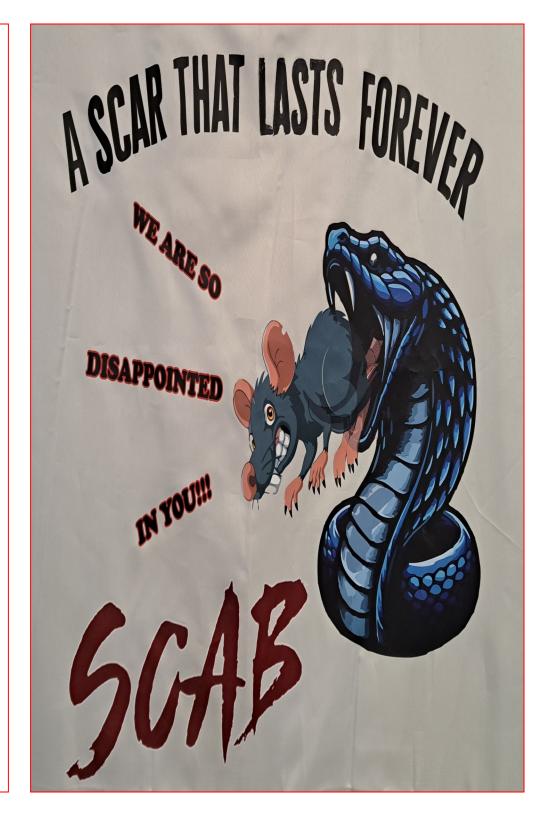
THE CALGARY BOARD OF EDUCATION & CUPE LOCAL 40

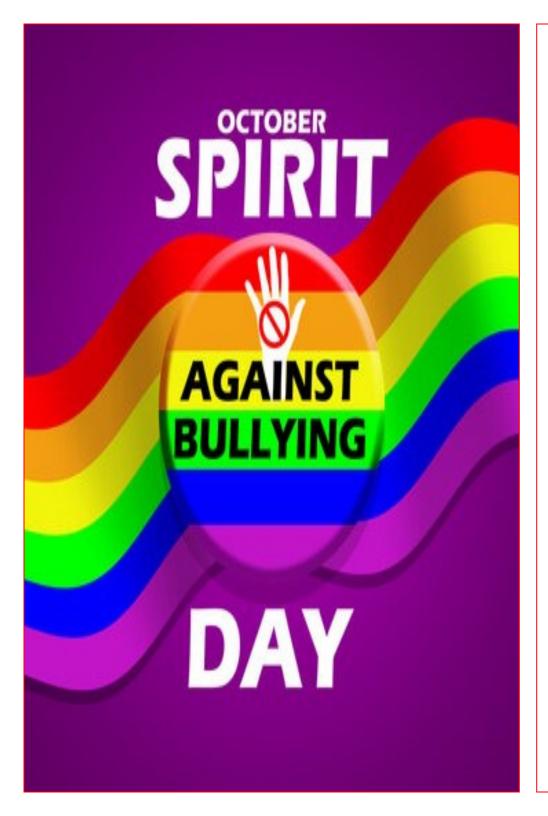
ARTICLE 17 - GROUP BENEFIT PLANS

- 17.01 The Group Benefit Plans refer to life insurance, accidental death and dismemberment, supplementary health benefits, (hospitalization and major medical and vision care), dental benefits and Extended Disability insurance as outlined in the applicable group insurance policies.
- 17.02 Participation in the Group Benefit Plans shall be a condition of employment for all Employees who commence permanent full-time employment and for all part-time Employees who are employed in permanent positions of fifteen (15) hours per week or more. Employees who work fewer than fifteen (15) hours per week are not eligible to participate in Group Benefits Plans. Continued participation in the Plans is compulsory for those who had an option and elected to participate in the Group Benefit Plans.
- **17.03** Effective September 1, 2019, the cost sharing of the Group Benefit Plans between the Board and the Employees shall be:

	BOARD	EMPLOYEE
Life and Accidental Death and Dismemberment	100%	
Supplementary Health Benefit	100%	
Dental	100%	
Extended Disability	75%	25%

17.04 The Board will administer the Plans in consultation with the Union through the Health and Wellness Committee.





Collective Agreement Review

THE CALGARY BOARD OF EDUCATION & CUPE LOCAL 40 ARTICLE 17 - GROUP BENEFIT PLANS

17.05 Health Spending Account

Effective January 1 of each year, the Board will contribute to the Health Spending Account and/or Wellness Account, as selected by the Employee, an annual amount of eight hundred (\$800) dollars for each eligible Employee covered by this agreement who are on payroll as at the first working day of the year. Eligible Employees will be actively at work, on maternity leave, on paid sick leave, on Workers' Compensation or extended disability.

Contribution to the Health Spending Account and/or Wellness Account will be prorated for Employees who occupy a position less than one full time equivalent (1.0 FTE) covered by this Agreement who are on payroll as at the first working day of each calendar year.

The unused balance in an Employee's Health Spending Account and/or Wellness Account will be carried forward to the extent permitted by law. Employees leaving the Board will forfeit any remaining balance in their Health Spending Account and/or Wellness Account.

17.05.1 An Employee hired after the first working day in the calendar year, will be eligible for the Health Spending Account and/or Wellness Account on the first calendar day of the month following their date of hire.

The contribution on the first calendar day of the month following the date of hire will be as follows for a full-time Employee:

Month of Hire	Contribution Amount	Contribution Date		
January	\$733	February 1 st		
February	\$667	March 1st		
March	\$600	April 1st		
April	\$533	May 1 st		
May	\$467	June 1st		
June	\$400	July 1st		
July	\$333	August 1st		
August	\$267	September 1st		
September	\$200	October 1st		
October	\$133	November 1st		
November	\$67 December 1st			
December	\$800	January 1st		

Collective Agreement Review THE CALGARY BOARD OF EDUCATION & CUPE LOCAL 40 ARTICLE 5 - EMPLOYMENT

5.08 Employees in More Than One Union

Employees who have part-time employment within the Calgary Board of Education in two (2) or more positions, and are subsequently members of more than one (1) Union:

- Total FTE for any Employee will not total more than 1.0
- Each part-time position will be treated as a separate entity, attracting the benefits and entitlements allowed for that specific FTE within the Appropriate collective agreement with the following exceptions:
 - only one group benefit plan may apply for extended medical coverage and dental plan. Representatives from the two Unions involved will assist in determining which benefit plan is the most advantageous to the Employee, if the qualifications are met for both collective agreements
 - No Employee will receive benefits beyond what a full-time Employee would receive
 - No duplication of entitlement will be received (e.g. only one long-service award, etc.)
- * If you are Part Time in multiple unions (Staff Association & CUPE), and asked to work extra time, you must inform your supervisor that you are in multiple unions and the extra time may put you in an overtime situation.

If you experience an injury while at work, please visit our CBE website. From there, navigate to the 'Public School Works' section to complete and submit an incident report. This is an important step in ensuring your injury is properly documented and that any necessary follow-up can be initiated. PUBLIC SCHOOL **WORKS** VORKS Online reporting and safety information PublicSchoolWORKS > Accident Management **Calgary Board of Education** Report Employee or Volunteer Accident Submit Accident Report Additional Employee Resources Show Key Forms & Information > Workers' Comp. Information, Forms & Services View My Accident History & Reports Administrative Links (Restricted) **Staff Accident** Administrative Login Management

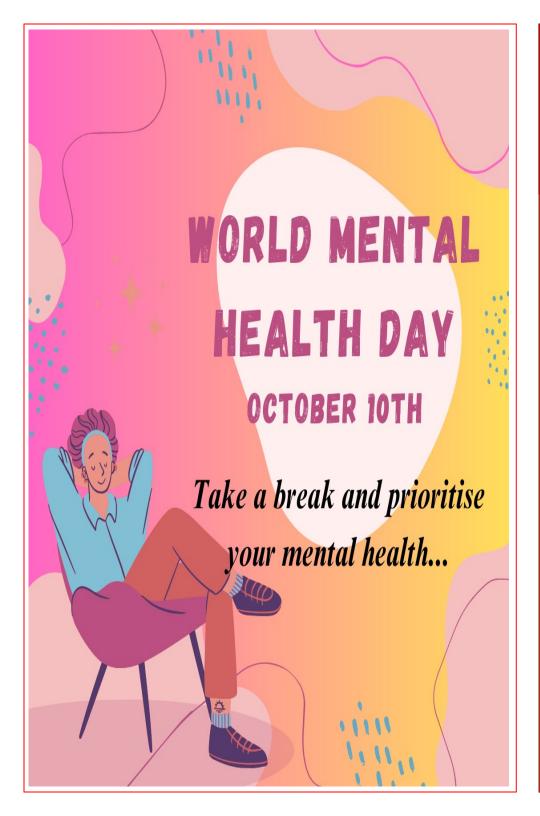


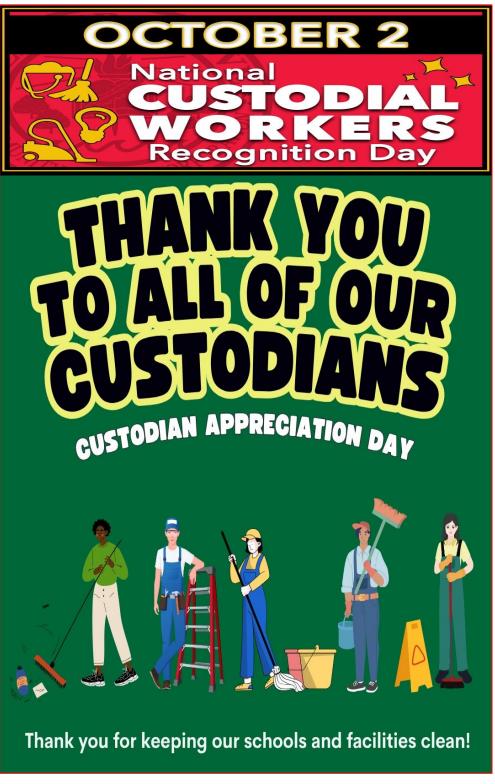
For workers

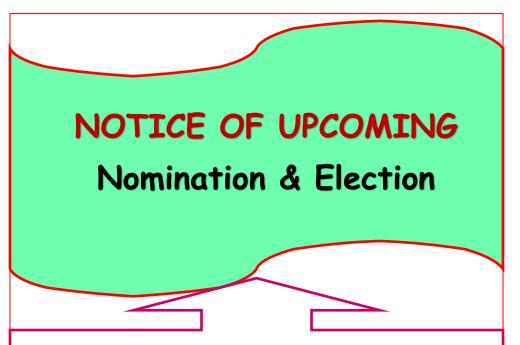
If you have been injured at work, it's your right to report it. Tell your employer the details about your injury. Your employer will notify WCB about your injury if the treatment required is anything beyond first aid or if you missed time from work. It is also important you submit your report of injury to WCB.

It's your right to report a workplace injury.

If you feel you've been pressured by your employer to not report your injury to WCB we would like to hear from you.







♦ Secretary / Treasurer

Bylaws: SECTION 10 – NOMINATION, ELECTION AND INSTALLATION OF OFFICERS, COMMITTEE MEMBERS, AND REPRESENTATIVES

- (a) Nominations
- (4) To be eligible for election as an Officer, a member must have attended <u>at least seven (7) of the previous</u> <u>ten (10) General Membership Meetings.</u>

Nominations will be accepted either through Email @ (cupe40election@gmail.com) or through attending our monthly General Membership Meeting.



Canadian Union of Postal Workers

Picket pantry



Please donate food to the pantry to support our sisters and brothers.

Starting October 7, 2025 - until not needed Pantry Hours: Mondays - Thursdays 11am to 3pm At the CDLC #321, 3132-26 St. NE Calgary

One bag limit per household per week



- Canned Fruit
- Canned Vegetables
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- Canned Bears (no por
- Cannad Mont Burnl
- Carried mear (core)
- Pasta and Pasta Sauce
- Personal Manager y Land
- Sauce * 56
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 - Period Product



Any excess food after strike will be donated to the Calgary Food Bank 403-819-4159 | president@thecdlc.ca







CUPE Local40



The CUPE Local 40 Children's Christmas Gift-Giving

CUPE 40 will continue with its gift giving tradition. Please fill out the form with the following information and we will do our best to get Santa and his helpers to make a special delivery during this **Christmas Season**.



FOR CARD CARRYING MEMBERS & THEIR IMMEDIATE FAMILY ONLY

Please Note: This Does NOT Include Grandchildren, Nieces, Nephews, Etc.

For children 12 years and under (as of December 31, 2025) including foster children.

MUST BE REGISTERED FOR GIFT PICKUP

Name of Card Carrying Member	Employee # of Member	School Work Site	Name of Members Child or Children	Age	Gender	Relationship to Member
Wellibel	Welliber	Work Site	Cilia di Ciliaren			Member
12.7	7					
42.90						
1 3/2			<u> </u>			
* 1 Form per Card Carrying Member						



Deadline of Submission: November 8, 2025

Email to: recordlocal40@gmail.com

Questions or more info.: call 403-235-0530 / 403-401-8626

If you need more copies pls. contact CUPE Local40 office.

Please print legibly.





NOVEMBER 10, 2025

DEADLINE TO ENTER

8 AM - 4 PM

VIRTUALLY

October 27th 4:30 pm

Participants will learn how to recognize signs that a person may be

experiencing a decline in their mental well-being and encourage that person

to: Talk about declines in their mental

MENTAL HEALTH FIRST AID COURSE

The Calgary & District Labour Council is offering a virtual course **FREE** of charge to a maximum of 15 people. There will be a draw for the winners after we receive the names of those interested and able to attend.

TO ENTER THE DRAW

Email admin@thecdlc.ca with:

- Your name
- Union Local
- Email address

DEADLINE TO ENTER

Enter by October 27^{th} . 4:30 pm. Only those who are drawn will be contacted the following day. You are responsible for your time-off work, we do not cover that.

HOW THE DRAW WORKS

If we receive more than 15 interested participants, we will draw for those who can attend. Open to CDLC affiliate members only.

COURSE INCLUDES

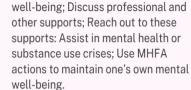
- One, 2-hour, self-directed module (to be done BEFORE the course begins,
- Two, 3-hour, virtual classroom modules. on Nov.10th.

FACILITATED BY

The Mental Health Commission of Canada who have trained more than 500,000 Canadians since 2007.

WHAT IS MHFA?

MHFA is the support provided to a person who may be experiencing a decline in their mental well-being or a mental health crisis.











INTERNATIONAL PRONOUNS DAY

pronouns



pronouns are **personal**pronouns are **important**pronouns are not a **preference**







CUPE 40 OCTOBER 2025



Breast Cancer Awareness Month Domestic Violence Awareness

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			INTERNATIONAL DAY OF OLDER PERSONS	International Day Of Non-Violence	3 Pay Day	4 Gen. Membership Meeting @ 9am (In-person)
TE A CHERS	WORLD HABITAT DAY	7	WALK TO SCHOOL DAY	9 World Sight Day	World Mental Health Day	National Coming Out Day
12 NATIONAL FARMERS DAY	Gen. Holiday HAPPY THANKSGIVING	NATIONAL DESSERT DAY	PRONOUNS DAY	World Food Day	17 Pay Day INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY	18 SWEETEST DAY
World Mission Sunday	20 WORLD STATISTICS DAY	21	National Nut Day	23	United Nations Day	NATIONAL TRICK OF TREAT DAY
National Pumpkin Day	WORLD DAY FOR AUDIOVISUAL HERITAGE	National Chocolate Day	World Stroke Day	30 NATIONAL CANDY CORN DAY	31 Pay Day	